

FREE suicide prevention training opportunity!

Friday November 22, 2019 8:00-10:30AM Meriden Department of Health and Human Services Teen Conference Room, 2nd Floor 165 Miller Street, Meriden

People trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Participants will receive certification as a QPR Gatekeeper.

A light breakfast will be provided.

Seating is limited so kindly RSVP by Friday November 15.

For more information and to register contact: Elizabeth Raber, Public Health Educator eraber@meridenct.gov or 203-630-4288

