Meriden Water Division Answers Your Drinking Water Questions

Q: Where does my water come from?
A: Water supplied to you from the Meriden Water Division actually has several different sources. Each of these sources is shown on the map below. These sources include four reservoirs on the Meriden-Berlin town line, the Broad Brook Reservoir on the Meriden-Cheshire town line, the Bradley-Shubord Reservoir in the northeast corner of Meriden, and six groundwater wells located throughout the City. Depending on system requirements, the City also purchases water from the South Central Connecticut Regional Water Authority. Water from the reservoirs is treated at one of Meriden’s four water treatment plants. Water from each well is treated at each individual well field. After water is treated, it is distributed to city homes and businesses through a vast network of underground pipelines.

Q: What is being done to improve the system?
A: The Meriden Water Division is constantly trying to enhance both the quality and taste of your water. Routine maintenance such as water main flushing is performed to clean the pipes of iron and other deposits that accumulate over time. Capital improvement projects also can improve the water. The Meriden Water Division is in the process of planning an upgrade to the Elmere Water Treatment Plant. Distribution system improvements are performed on a yearly basis. These improvements include cleaning and cement lining of water mains along with valve and fire hydrant repairs or replacement.

Q: Why does the taste and odor of my water vary?
A: Water naturally varies in taste and odor at different times of the year and will vary due to different sources. Typically, taste and odor compounds in water sources are more common during the summer. Because Meriden utilizes different sources based on the need and time of the year, certain customers will notice the different tastes and odors as the sources and seasons change.

Q: Could there be lead in my water?
A: Lead was not detected in samples from our drinking water plants above state and federal regulated levels. The Meriden Water Division adds a phosphate-based corrosion inhibitor that aids in reducing lead and copper corrosion in the distribution system. Regularly monitored levels of the corrosion inhibitor were consistently within the range desired for corrosion control. The addition of this chemical helps to provide the safest drinking water possible. Even though we use a corrosion inhibitor, lead can leach from common household plumbing fixtures, which is the likely cause of low levels of lead detected within our distribution system. Older homes are more likely to have fixtures that contain lead. To minimize exposure to lead in your tap water, run the water until it is cold (about 30 to 60 seconds) if it has been standing in the pipes for more than six hours.

Q: Does our water contain fluoride?
A: Fluoride is added to your water to help prevent tooth decay. Levels of fluoride are consistently within limits set by state and federal regulations.

Together We Can Safeguard Our Water Supply

The Water Division is constantly checking water quality. Through the federal Safe Drinking Water Act (SDWA), the U.S. Environmental Protection Agency (U.S. EPA) sets national limits for hundreds of substances in drinking water and also specifies various treatments that water systems must use to remove those substances. The Meriden Water Division continually monitors for these substances, using sophisticated equipment and advanced procedures.

The public has a part to play too. The SDWA requires that we provide you with detailed information on water quality each year. We are happy to do this, because customers who are informed are our best allies in supporting improvements necessary for the long-term health of our water system. And remember—our City Council meetings are open to the public. You are always welcome to attend and to voice your views on our drinking water. For information on meeting times and location, please contact the City Clerk at 203-630-4030. For more information about contaminants and potential health effects, call the U.S. EPA’s Safe Drinking Water Hotline at 800-426-4791.

Conservation is an important first step in preserving our water supply. Using these measures can also save you money by reducing your water and sewer bills. Here are a few suggestions:

Conservation measures you can use inside your home:
• Fix leaking faucets, pipes, and toilets
• Install water-saving devices in faucets, toilets and appliances
• Replace high-water-use fixtures
• Wash only full loads of laundry
• Do not use the toilet for trash disposal
• Take shorter showers
• Do not let the water run while shaving or brushing teeth
• Run the dishwasher only when full

You can conserve outdoors as well:
• Water the lawn and garden in the early morning or evening
• Use mulch around plants and shrubs
• Repair leaks in faucets and hoses
• Use water-saving nozzles and sprinkler heads
• Use water from a bucket to wash your car and save the hose for rinsing

This annual “consumer confidence report” also includes information on topics such as where our water comes from, what is being done to improve the water system, and how you can help preserve our water supply.
Understanding Contaminants

To ensure that tap water is safe to drink, U.S. EPA prescribes regulations limiting the amount of certain contaminants in water provided by public water systems. U.S. Food and Drug Administration regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of both tap and bottled drinking water include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water from these sources travels over the surface of the land or through the ground, it can acquire naturally occurring minerals (which in some cases could be radioactive) and substances resulting from the presence of animals or from a wide variety of human and industrial activities. Substances that may be present in source water include:

- Inorganic Contaminants, such as salts and metals, which can be naturally occurring or may result from such things as urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, or mining. This category of contaminants also includes the pesticides and herbicides used primarily in agriculture.
- Radiocative Contaminants, which can be naturally occurring or may be the result of oil and gas production and mining activities.
- Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations or wildlife.
- Volatile Organic (and Synthetic) Contaminants, which are typically-by-products of industrial processes and petroleum production, and may also come from gas stations, urban stormwater runoff, and septic systems.

As the table above demonstrates, the Meriden Water Division removes these contaminants prior to distribution.

Regulated Contaminants

Meriden Water Division tests for a large number of contaminants, though only detected contaminants are noted. Every regulated contaminant that we detected in the water is listed in the water-quality table above. In 2021, the Meriden Water Division’s drinking water met or surpassed all federal and state drinking water standards, unless noted in the table above.

Unregulated Contaminants

The Meriden Water Division also utilizes a phosphate-based corrosion inhibitor as part of a lead and copper control program. The Division regularly monitors ortho-phosphate total levels; during 2021, levels ranged from 0.02 mg/l to 1.79 mg/l.

Some people may be more vulnerable to contaminants in drinking water than is the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium are available from the Safe Drinking Water Hotline (800-426-4791).

Health Matters

The presence of contaminants in drinking water does not necessarily indicate that the water poses a potential health threat.

A few contaminants, like copper, are in fact essential nutrients at appropriate, very low concentrations. However, some people who drink water that contains copper in excess of the EPA’s Action Level could experience gastrointestinal distress over a relatively short period of time. Over many years, ingesting water that contains copper in excess of the Action Level could lead to liver or kidney damage. People with Wilson’s disease should consult their personal doctor about their water consumption.

Lead is also a concern. Infants and children who drink water containing lead in excess of the action level could experience delays in their physical or mental development. Children could show slight deficits in attention span and learning abilities.

Source Water Assessment

Source Water Assessment Reports were completed by the Department of Public Health, Drinking Water Division for the Meriden Water Division. The assessment report can be found on the DPH’s website: http://www.dphct.state.ct.us/dph/water/STSWAP/CY7080001.pdf. The assessment found that the public drinking water sources have susceptibility to potential sources of contamination, low for the reservoir sources, and ranging from moderate to high for the groundwater sources.