



## **NEW OPPORTUNITIES** Building Relationships to End Poverty™

We are located at **55 West Main St, 3<sup>rd</sup> Floor, Meriden, CT 06450**. Call **(203) 639-5060, Ext 210**  
**Office Hours: Mon, Tue, Wed, Thurs, and Friday 8:00 am-4:00 pm**

### **How Can We Help You During this Challenging Time?**

#### **Do you heat with Oil, Gas, Electric Propane, Kerosene, Wood Pellets? OR Is your Heat is Included?**

- **The Energy Assistance Program is now open and taking applications by phone, walk ins.**
- **Call 203-235-0278 to complete the application by phone.**

#### **Do you need food from the Food Pantry?**

- **Hours operation are now from 10:00 am-3:00 pm, (Bring your own bags).**

#### **Do you need assistance getting on a budget with Eversource?**

- **We can review your available options with you by telephone, call 203-639-5060, Ext#203**

#### **Are you having trouble making your food stretch throughout the month?**

- **We can help you complete a SNAP application and get your required documents to DSS for review,**
- **Or you can call the CT Department of Social Services directly at 860-704-3100.**

#### **Do you need help finding employment, training programs, housing or other resources?**

- **Meet with a Family Development Specialist who can assist you with managing your budget, setting goals and taking the steps to achieve them**