



COUNCIL OF NEIGHBORHOODS

www.meridenncna.wordpress.com

September 2026 newsletter

Activities in September:

Thurs 3rd North Meriden

7pm Meriden Public Library

Sept 11th: City Of Meriden 9/11 Remembrance Ceremony

8:30am Meriden City Hall

Sat 12th: Meriden Green 10th Anniversary Celebration

1pm-7:30pm Meriden Green

Wed 16th: Dutch Hill

6:30pm First Baptist Church

ECHO

Lower Eastside

Hillside Gardens

Veteran's Assoc

Thurs 17th: Westsiders

6:30pm Immanuel Lutheran Church

Action 13

Lewis Ave

Sat 19: Council of Neighborhood Document Shredding Event 9am-12pm Butler St Parking Lot

Tues 22nd: South Meriden

6:30pm Tom's Place

Stagecoach Riders

Glen Hills

Crown Village

Meriden Police Dept Tip Lines

If you have any information or tips regarding crime, narcotics, or shootings you can report them anonymously to the Meriden Police Department by either calling or emailing the following:

Major Crime Tips: Telephone (203) 630-6253 Email: mpdtips@meridenct.gov

Narcotic Tips: Telephone (203) 630-6273 Email: mnarcoticsunit@meridenct.gov

Meriden Police Dept: Calls for Service & Interactive Reports

The Meriden Police Dept has a tool to keep residents apprised of the Department's activities including the calls for service the police department responds to daily. The department's interactive reports are accessible on the City of Meriden website at:

www.meridenct.gov/cityservices/police/interactive-reports

Meriden's National Night Out 2026

The Council of Neighborhoods and the Meriden Police Department NI Unit hosted Meriden's National Night Out on August 4th. We had a great evening and the wonderful weather! We would like to thank everyone that came out and celebrated the evening with us! It was a very successful event much thanks to the civic and non-profit organizations that participated! Please mark your calendar for Meriden's National Night Out 2026 which will be on Tuesday August 3rd, 2027! We hope you can make it!

Congratulations Deputy Fire Chief Fierravanti!

The Council of Neighborhoods sends out congratulations to Deputy Fire Chief Rocco Fierravanti on his recent promotion to Deputy Fire Chief. We wish him much success in his new role and look forward to working with him in our neighborhoods! We hope to meet him soon!

Council of Neighborhoods Document Shredding Event: Sat Sept 19th 9am to 12pm

Please join us for our annual Document Shredding Event on Saturday Sept 20th at the Butler St parking lot in Downtown Meriden. The event is FREE of charge to Meriden residents and you will be able to watch your documents being shredded at the event. You will remain in your vehicle as we unload your shredding materials and ask that you place the materials in your trunk or the rear of your vehicle for easy removal. The event is rain or shine. For further information please contact Holly Wills at Cwills0142@sbcglobal.net.

Meriden Green Anniversary Celebration

The 10th Anniversary of the Meriden Green will be celebrated on Saturday Sept 12th 1pm-7:30pm. The event starts off with the Kids America 250 Parade at 1pm. There will be free facepainting, food trucks to purchase food, music on the bandshell 1:30pm-7pm and the Midstate Chamber Showcase 1pm-6pm. Bring the family and enjoy the celebration!

Meriden's Farmers Market

Meriden's Farmers Market takes place every Saturday from 830am to 12pm rain or shine at the Meriden Green from July 11th to Oct 17th. Come visit and shop for fresh fruits and vegetables. SNAP/EBT, FMNP coupons, cash and debit card will be accepted. For more information visit their website at www.meridenfarmersmarket.org.



News from the Meriden Department of

Health and Human Services – September 2026

165 Miller Street * 203-630-4226 * www.meridenhealth.com

[“Like” us on Facebook for the latest updates!](#)

Connecticut Foodshare Mobile Pantry

NEXT DATES:

Ceppa Field (83 Gale Avenue): September 10 & 24 from 1:00 – 2:00pm

Mt. Hebron Church (84 Franklin Street): September 4 & 18 from 1:15 – 2:15pm



Please consider signing up for text alerts in case of cancellation by texting the word FOODSHARE to 85511. To find additional locations visit their website: <https://www.ctfoodshare.org/find-food>

Hartford Hospital Mobile Mammography

Tuesday, October 20, 2026 8:00am – 1:15pm

Hartford Hospital’s mobile mammography van will be at 165 Miller Street on July 28 from 8:00am – 1:15pm. These screening mammograms are offered for women between 35 and 40 who have not had a mammogram, and for women 40 and older who have not had a mammogram in over a year.

To schedule an appointment call (860) 972-1243.



National Suicide prevention month

September is National Suicide Prevention Month – a moment that serves as a powerful reminder that there are steps we all must take in looking out for loved ones, the people in our community, and those who have been impacted by this leading cause of death.



The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones.

Our office has materials available (in English and Spanish) for your business, organization, or event.

Adult Mental Health First Aid

We are offering a FREE Adult Mental Health First Aid class in partnership with Rushford. The training will be held in-person on September 16, 2026 from 9:00am - 4:00pm at 165 Miller Street.

A 2-hour, self-paced online course will need to be done before attending the in-person instructor-led session. Participants will get a certification from the National Council for Mental Wellbeing, valid for 3 years.

To register, please fill out the Google form: <https://forms.gle/Keqfhk8B1CPJKGQW9>

QPR (Question, Persuade, Refer) Suicide Prevention Training

Join us for an in-person QPR Suicide Prevention Training on Friday, September 25, 2026 from 11:00 AM – 12:00 PM at 165 Miller Street.

You will learn:

- How to recognize the warning signs of a suicide crisis.
- How to question, persuade, and refer someone to help.

Participants will get a certification as a QPR Gatekeeper at the end of the training. Great to add to a resume! To register please contact Elizabeth at (203) 630-4288 or edemerchant@meridenct.gov.



meriden preparedness & Response education Program for seniors

Emergency Preparedness Training for Meriden Residents 50+

Are you prepared for a disaster or emergency such as a power outage, flooding or extreme weather? Join us to learn about different disasters that could affect Meriden and how to build a kit, make a plan, and stay informed before, during and after an emergency. Participants will get a FREE emergency “go bag” with basic preparedness items. Training sessions are limited to 15 people per session. Sign up at the Meriden Senior Center (Main Office) or call (203) 237-0066. Open to all Meriden residents age 50 and over.

All sessions will be at the Meriden Senior Center (22 West Main Street) from 10:00 – 11:00am:

- September 9, 2026
- October 14, 2026
- November 4, 2026

This project was made possible for the community due to the generous support of AARP.

The Meriden Department of Health and Human Services Presents

Meriden Preparedness & Response Education Program for Seniors (PREPS)

August 12, 2026	October 14, 2026
September 9, 2026	November 4, 2026

10:00 – 11:00 AM
Meriden Senior Center (22 West Main Street) – Main Activity Room



Emergency Preparedness Training for Meriden Residents 50+

- Are you prepared for an emergency such as a power outage, flooding, or extreme weather?
- Learn how to build a kit, make a plan and stay informed before, during, and after an emergency or disaster.
- Get a **FREE** emergency “go bag” with basic preparedness items.

Limited to 15 people per session - sign-up at the Meriden Senior Center (Main Office) or call (203) 237-0066.
Open to all Meriden residents age 50 and over.

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save a life: overdose education & naloxone training

This training is an essential part of overdose prevention education where participants learn what an overdose looks like and how to reverse one.

You will learn:

- ➔ Signs & symptoms of an overdose
- ➔ What naloxone (Narcan®) is and how to administer it
- ➔ Local resources and support

Upcoming trainings at 165 Miller Street:

- September 4, 2026 9:00 – 10:00am
- November 6, 2026 9:00 – 10:00am
- October 7, 2026 5:00 – 6:00pm
- December 2, 2026 5:00 – 6:00pm

All attendees will receive a naloxone kit, certificate of completion, and other prevention resources. Training are FREE and open to Meriden residents and organizations. To register, call our Public Health Educator at (203) 630-4288 or email edemerchant@meridenct.gov.

meriden early start

Join us at our upcoming events in September:

Growing Together with Meriden Early Start

Join the Meriden Early Start Parent Ambassadors for a fun, interactive parent and child workshop on Saturday, September 19 from 10:00 – 11:30am at the Meriden Public Library. Open to children under 5 and their caregivers. Visit the library's website to register here.

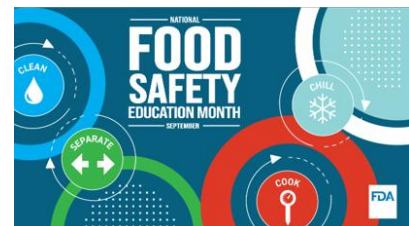
Meriden Early Learning Connection: An LGP Partner Meeting

An inclusive forum where diverse organizations, parents, and stakeholders come together to engage in open dialogue, share insights, and work towards collective community goals. This will be held on Tuesday, September 22 from 10:00 – 11:00am at the Meriden Public Library.



environmental health

September is National Food Safety Education Month! Our Environmental Health staff play an important role in preventing foodborne illness and ensuring a safe and healthy environment. Our Sanitarians are responsible for licensing and inspecting food service establishments (including temporary vendors such as food trucks).



During inspections, staff follow the FDA Food Code and promote preventative measures against foodborne illnesses, such as:

- Proper handwashing
- Avoiding cross-contamination
- Cooking to safe internal temperatures
- Maintaining proper refrigeration

In FY26 our Environmental Health Staff conducted **1,244** food service establishment inspections and issued **144** temporary food service licenses. To learn more about our Environmental Health office visit: www.meridenhealth.com.

[Meriden senior center](#)

Membership to the Senior Center is FREE for Meriden residents age 55 and over! The September issue of the Meriden Senior Center newsletters is [now available on our website](#).

Transportation Services

The Meriden Senior Center provides free rides to and from the Center, to in-town medical appointments, and scheduled shopping trips. Rides are available for residents age 55 and over and persons with disabilities under age 55. Please call the Mini-Bus Transportation Office at (203) 237-3338 to learn more.

Nutrition Program

A healthy, nutritious lunch is served daily for Senior Center members age 60 and over. There is a nominal fee for members age 55 to 60. Call (203) 630-4704 to learn more. The lunch menu is available in the newsletter.

[newsletters](#)

Our office publishes 3 newsletters:

1. [Senior Center – Connections \(monthly\)](#)
2. [Seasonal Health and Respiratory Virus Updates \(monthly\)](#)
3. [Life-Saving Overdose Prevention and Response \(quarterly\)](#)

[department podcast channels](#)

Check out our two podcast channels through Podbean!

1. **A Moment with Marley** - provides expert insights on disease prevention, family wellness, and updates from our Public Health Clinic.
2. **Meriden Health Talk** - provides expert insights on a range of topics, including seasonal health, local updates, and alerts.

You can listen to either channel on all major podcast platforms including Apple Podcasts, Spotify, Amazon Music, iHeartRadio, and the Podbean app. New episodes will also be posted on our website and social media.

