



## COUNCIL OF NEIGHBORHOODS

[www.meridennconna.wordpress.com](http://www.meridennconna.wordpress.com)

### July 2026 Newsletter

#### Activities in July:

- Thurs 2<sup>nd</sup>: Meriden's Independence Day Celebration 4pm-9pm Hubbard Park
- Sat 4<sup>th</sup>: **HAPPY 250<sup>TH</sup> BIRTHDAY AMERICA!!!!!!!**
- Thurs 9<sup>th</sup>: North Meriden.....note different date for July.....7pm Meriden Public Library  
City Park
- Wed 15<sup>th</sup>: Dutch Hill  
ECHO 6:30pm First Baptist Church  
Lower Eastside  
Hillside Gardens  
Veteran's Assoc
- Thurs 16<sup>th</sup>: Westsiders 6:30pm Immanuel Lutheran Church  
Action 13  
Lewis Ave
- Tues 28<sup>th</sup>: South Meriden 6:30pm Tom's Place  
Glen Hills  
Stagecoach Riders  
Crown Village

**\*\*\*\*\*SAVE THE DATE.....NATIONAL NIGHT OUT TUES AUG 4<sup>TH</sup> 5pm-8pm HUBBARD PARK\*\*\*\*\***

#### Meriden Police Dept Tip Lines

If you have any information or tips regarding crime, narcotics, or shootings you can report them anonymously to the Meriden Police Department by either calling or emailing the following:

Major Crime Tips: Telephone (203) 630-6253 Email: [mpdtips@merident.gov](mailto:mpdtips@merident.gov)

Narcotic Tips: Telephone (203) 630-6273 Email: [mnarcoticsunit@merident.gov](mailto:mnarcoticsunit@merident.gov)

#### Meriden Police Dept: Calls for Service & Interactive Reports

The Meriden Police Dept has a tool to keep residents apprised of the Department's activities including the calls for service the police department responds to daily. The department's interactive reports are accessible on the City of Meriden website at: [www.merident.gov/city-services/police/interactive-reports](http://www.merident.gov/city-services/police/interactive-reports)

### City of Meriden's Fireworks Celebration: Thurs July 2nd

Bring your family and friends to the City's fireworks celebration on Thurs July 2<sup>nd</sup> at Hubbard Park. The festivities start at 4pm. Food Trucks will be available to purchase food. At 7pm there is a concert featuring Central City Stompers. The event will conclude with a firework display at 9pm. Make sure to join in on the fun during the evening!

### Congratulations to Officer Delgado!

The Council of Neighborhoods sends our congratulations to NI Unit Officer Jazmine Delgado on her well deserved promotion to Detective! We wish her much success and all the best in her new role as Detective and thank her so much for her dedication and hard work as the NI Unit Officer for the Lewis Ave Neighborhood Association.

### Neighborhood Associations Community Gardens

The Lower Eastside and North Meriden Neighborhood Associations Community Gardens are well underway for another growing season! Please take time and stop by both gardens to see how the gardens are flourishing with all the vegetables that have been planted. Lower Eastside's garden, in partnership with Beat the Street Center, is located at the corner of Liberty St and Center St. North Meriden's garden is located at 60 Tremont St.

### Meriden's Farmers Market

The Farmers Market opens for the season on Sat July 11<sup>th</sup> and will take place every Saturday from 830am to 12pm rain or shine at the Meriden Green from July 11<sup>th</sup> to Oct 17<sup>th</sup>. Come visit and shop for fresh fruits and vegetables. SNAP/EBT, FMNP coupons, cash and debit card will be accepted. For more information visit their website at [www.meridenfarmersmarket.org](http://www.meridenfarmersmarket.org).

### Hubbard Park Pool Opens for the Summer Season

Hubbard Park pool is open 7 days a week from 1pm-5:30pm. Lap swim is on Mondays and Wednesdays 5:45pm-6:45pm. An annual pool pass is needed and can be obtained at the Park & Rec office. Residents: adults \$20 and children: \$10. Non residents: adults \$40 and children \$20. Seniors and Veterans \$10. For further information call 203-630-4259.

### Meriden's Splash Pad Opens for the Summer Season

The Splash Pad located at City Park 42 Park Ave is open Mon to Sat 12pm-5:30pm and Sun 1pm-5:30pm. Come out with your families and enjoy the Splash Pad!

### Meriden Park & Recreation Summer Playground Program

Online registration is now open for the Summer Playground Program for ages 5-11. This program promotes positive youth development and healthy lifestyle choices through fun activities. The program will be held from June 22<sup>nd</sup> to August 7<sup>th</sup> 8:30am-3:00pm. There will be 3 sites: John Barry School, Hanover School, and Thomas Hooker School. For further information regarding cost of the program call (203) 630-4259 or email: [meridenrecreation@meridenc.t.gov](mailto:meridenrecreation@meridenc.t.gov)

### Meriden Public Schools Summer Food Service Program

The FREE Food Service Program for children 18 and under will be held from June 22<sup>nd</sup> to August 14. The Program is offering free lunches at the following meal sites:

MPS Express Food Truck locations and time:

Breakfast: Meriden Green 8:15am-8:35am  
John Barry 8:45am-9:15am  
Lunch: John Barry School: 12:25pm-12:55pm  
Ceppa Field: 11:15am-11:35am  
Meriden Green: 11:45am-12:15pm  
City Park: 1:05pm-1:35pm  
Washington Park: 10:45am-11:05am

Other Summer Meal Sites:

Platt High School: June 22-August 14 Mon-Fri: breakfast: 7:10am-7:30am Lunch: 10:30am-11:00am  
Hanover Elementary School: June 29-Aug 7: Mon-Fri: Breakfast: 8:00am-8:30am Lunch 12:30pm-1pm  
Roger Sherman Elementary: July 6-July 24: Breakfast 8:15am-8:45am Lunch: 10:45am-11:05am  
For more information visit: [www.meridenk12.org/summer meal program](http://www.meridenk12.org/summer%20meal%20program).



## **News from the Meriden Department of Health and Human Services – July 2026**

165 Miller Street \* 203-630-4226 \* [www.meridenhealth.com](http://www.meridenhealth.com)

**“Like” us on Facebook for the latest updates!**

## **Connecticut Foodshare Mobile Pantry**

**NEXT DATES:**

**Ceppa Field (83 Gale Avenue): July 2, 16 & 30 from 1:00 – 2:00pm**  
**Mt. Hebron Church (84 Franklin Street): July 10 & 24 from 1:15 – 2:15pm**



Please consider signing up for text alerts in case of cancellation by texting the word FOODSHARE to 85511. To find additional locations visit their website: <https://www.ctfoodshare.org/find-food>.

## Grant Announcement

### 2026 AARP Community Challenge Grant

We're excited to share that we are one of 750 grantees selected to receive a 2026 AARP Community Challenge grant from AARP Livable Communities and AARP-CT.

We're incredibly proud to receive this investment to help make Meriden more livable for people of all ages. With this grant, we will be launching the **Meriden Preparedness & Response Education Program for Seniors (PREPS)**, a free training program for residents age 50 and over.



Learn more about the AARP Community Challenge: [www.aarp.org/CommunityChallenge](http://www.aarp.org/CommunityChallenge).

## Public Health Clinic

**Back to School Physicals** It's that time of year again! Starting July 7 we are partnering with Community Health Center, Inc. to offer back-to-school physicals at our office at 165 Miller Street. Please call Community Health Center at (475) 231-6987 to make your appointment.

## Hartford Hospital Mobile Mammography

### Tuesday, July 28, 2026 8:00am – 1:15pm

Hartford Hospital's mobile mammography van will be at 165 Miller Street on July 28 from 8:00am – 1:15pm. These screening mammograms are offered for women between 35 and 40 who have not had a mammogram, and for women 40 and older who have not had a mammogram in over a year.

To schedule an appointment call (860) 972-1243.



## Summer Meal Site Outreach

Staff will be at the following Summer Meal Lunch Sites hosted by the Meriden Public Schools Food and Nutrition Services! Stop by to ask questions about programs and services or just to say hello! We will have seasonal health information, free giveaways for the kids, and more.

For more information about the Summer Meal Program please visit: <https://tinyurl.com/MPSSummerMeals2026>



<b>Ceppa Field (11:15 – 11:35 AM)</b>	<b>John Barry Elementary School (12:25 – 12:55 PM)</b>
<ul style="list-style-type: none"> <li>Monday, July 13</li> <li>Monday, July 27</li> <li>Monday, August 10</li> </ul>	<ul style="list-style-type: none"> <li>Monday, July 20</li> <li>Monday, August 3</li> </ul>
<b>Meriden Green (11:45 AM – 12:15 PM)</b>	<b>City Park (1:05 – 1:35 PM)</b>
<ul style="list-style-type: none"> <li>Thursday, July 16</li> <li>Thursday, July 30</li> <li>Thursday, August 13</li> </ul>	<ul style="list-style-type: none"> <li>Thursday, July 2</li> <li>Thursday, July 23</li> <li>Thursday, August 6</li> </ul>

## Public Health Education

### QPR (Question, Persuade, Refer) Suicide Prevention Training

Join us in partnership with Rushford for an in-person QPR Suicide Prevention Training on July 24, 2026 from 11:00am - 12:00pm at 165 Miller Street.

You will learn:

- How to recognize the warning signs of a suicide crisis.
- How to question, persuade, and refer someone to help.

Participants will get a certification as a QPR Gatekeeper at the end of the training. Great to add to a resume! To register please contact Elizabeth at (203) 630-4288 or [edemerchant@meridenct.gov](mailto:edemerchant@meridenct.gov).



Meriden Department of Health and Human Services in partnership with Rushford and Hartford HealthCare

**QPR INSTITUTE**

**FREE In-Person QPR Suicide Prevention Training**

A suicide prevention program designed to teach individuals how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

Friday, July 24, 2026  
11:00 AM - 12:00 PM  
165 Miller Street Meriden, CT 06450  
2nd Floor - Teen Conference Room

Participants will receive a certification as a QPR Gatekeeper upon completing the training.

To register contact: Elizabeth DeMerchant, Public Health Educator at [edemerchant@meridenct.gov](mailto:edemerchant@meridenct.gov) or (203) 630-4288

### Save a Life: Overdose Education & Naloxone Training

This training is an essential part of overdose prevention education where participants learn what an overdose looks like and how to reverse one.

You will learn:

- ➔ Signs & symptoms of an overdose
- ➔ What naloxone (Narcan®) is and how to administer it
- ➔ Local resources and support

Upcoming trainings at 165 Miller Street:

- August 5, 2026 5:00 – 6:00pm
- September 4, 2026 9:00 – 10:00am
- October 7, 2026 5:00 – 6:00pm
- November 6, 2026 9:00 – 10:00am
- December 2, 2026 5:00 – 6:00pm

All attendees will receive a naloxone kit, certificate of completion, and other prevention resources. Training are FREE and open to Meriden residents and organizations. To register, call our Public Health Educator at (203) 630-4288 or email [edemerchant@meridenct.gov](mailto:edemerchant@meridenct.gov).

### **Pop-Up Naloxone Trainings/Outreach at the Meriden Public Library**

Every other month, our Public Health Educator will be at the library on the third Tuesday from 10:30-11:30am to connect with individuals and provide pop-up style naloxone training.

Participants receive a free naloxone kit, CPR face shield, naloxone storage bag, and prevention resources. The next training will be on **Tuesday, July 21 from 10:30-11:30am**. Questions? Call our Public Health Educator at (203) 630-4288.

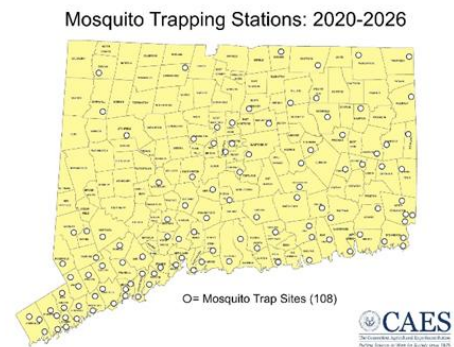
## **Environmental Health**

### **Weekly Mosquito Testing Report from CAES**

Weekly reports from the Statewide mosquito trapping and testing will be posted on social media and can also be found on the CAES webpage:

<https://tinyurl.com/CTCAESMosquitoes2026>.

The Connecticut Agricultural Experiment Station (CAES) is the agency responsible for trapping, identifying, and testing mosquitoes for encephalitis viruses which includes West Nile Virus and Eastern Equine Encephalitis Virus. Meriden's trapping location is at Falcon Park.



### **Rise in Tick Bites Reported in U.S.**

The Centers for Disease Control and Prevention has reported an increase in visits to the emergency room for tick bites across the United States, especially in the Northeast and Midwest regions. As the weather continues to get warmer and everyone is spending more time outside, we are reminding residents to wear insect repellent, protective clothing, and check themselves and pets for ticks after you come outside.

**If you find a tick on yourself or another human:** Bring the tick in in a crush proof container (or sealed plastic bag) to our office at 165 Miller Street. We will send it out to the Connecticut Agricultural Experiment Station to be identified and tested for common tick-borne illnesses as a public service free of charge.

Questions? Call our Environmental Health Office at (203) 630-4226.

## **Meriden Senior Center**

Membership to the Senior Center is FREE for Meriden residents age 55 and over! The July issue of the Meriden Senior Center newsletters is now [available on our website](#).

### **Meriden Senior Center Farmers Market Electronic Benefits Card**

If you are interested in applying for a Farmer's Market benefit card for the 2026 season, please visit the Meriden Senior Center on Tuesdays and Wednesdays between 9:00 am and 12:00pm, to reactivate your card from the last season or apply for the first time.

**To apply, please bring:** A driver's license or a state ID and proof of income.

**Applicants must be:** age 60 or older, or disabled and living in senior housing where congregate meals are served. If you are homebound, please call 203-237-0066 or 203-630-4703.

## Transportation Services

The Meriden Senior Center provides free rides to and from the Center, to in-town medical appointments, and scheduled shopping trips. Rides are available for residents age 55 and over and persons with disabilities under age 55. Please call the Mini-Bus Transportation Office at (203) 237-3338 to learn more.

## Nutrition Program

A healthy, nutritious lunch is served daily for Senior Center members age 60 and over. There is a nominal fee for members age 55 to 60. Call (203) 630-4704 to learn more. The lunch menu is available in the newsletter.

## Newsletters

Our office publishes 3 newsletters:


1. [Senior Center – Connections \(monthly\)](#)
2. [Seasonal Health and Respiratory Virus Updates \(monthly\)](#)
3. [Life-Saving Overdose Prevention and Response \(quarterly\)](#)

## Department Podcast Channels

Check out our two podcast channels through Podbean!

1. **A Moment with Marley** - provides expert insights on disease prevention, family wellness, and updates from our Public Health Clinic.
2. **Meriden Health Talk** - provides expert insights on a range of topics, including seasonal health, local updates, and alerts.

You can listen to either channel on all major podcast platforms including Apple Podcasts, Spotify, Amazon Music, iHeartRadio, and the Podbean app. New episodes will also be posted on our website and social media.



**MERIDEN SENIOR CENTER**  
**FARMERS MARKET ELECTRONIC**  
**BENEFITS CARD 2026**  
**IN-PERSON APPLICATIONS**  
**TUESDAYS & WEDNESDAYS**  
**JUNE 23, 2026 UNTIL SEPTEMBER 30, 2026**  
Applications must be completed in person.  
If you received a Farmers Market Benefit Card last year,  
please bring it with you when reapplying.

To apply, you must bring:

- Driver's License or State ID Card
- Proof of income
- You must be 60 years old or older, or disabled and living in senior housing where congregate meals are served.

This program provides income eligible senior citizens an electronic benefits card to be used at farmer's markets to purchase produce from participating farmers.

For questions about eligibility, please contact the Meriden Senior Center at 203-237-0066 or 203-630-4703.

This program is funded by the U.S. Department of Agriculture and the State of Connecticut. This program is coordinated locally by the Meriden Senior Center.

