



COUNCIL OF NEIGHBORHOODS

www.meridenconna.wordpress

January 2026 Newsletter

Activities in January

Thurs 1st: HAPPY NEW YEAR!!

Sun 4th: Three Kings Day Celebration

1pm-3pm Meriden Public Library

Thurs 8th: North Meriden.....note different day for Jan..... 7pm Meriden Public Library
City Park

Fri 9th: Law Enforcement Appreciation Day!!!!.....See Below.....

Mon 19th: Martin Luther King Day

Wed 21st: Dutch Hill

6:30pm First Baptist Church

ECHO

Hillside Gardens

Veteran’s Assoc

Thurs 22nd: Westsiders

6:30pm Immanuel Lutheran Church

Action 13

Lewis Ave

Tues 27th: South Meriden

6:30pm Tom’s Place

Glen Hills

Stagecoach Riders

Crown Village

Meriden Police Dept Tip Lines

If you have any information or tips regarding crime, narcotics, or shootings you can report them anonymously to the Meriden Police Department by either calling or emailing the following:

Major Crime Tips: Telephone (203) 630-6253 Email: mpdtips@meridenct.gov

Narcotic Tips: Telephone (203) 630-6273 Email: m narcoticsunit@meridenct.gov

Meriden Police Dept: Calls for Service & Interactive Reports

The Meriden Police Dept is offering a new tool to keep residents apprised of the Department’s activities including the calls for service the police department responds to daily. The department is rolling out the first of the interactive reports which will be accessible on the City of Meriden website at:

www.meridenct.gov/city-services/police/interactive-reports

Law Enforcement Appreciation Day: Fri Jan 9th

Law Enforcement Appreciation Day will be celebrated on Friday Jan 9th. This is a great opportunity to celebrate all that the Meriden Police Department does for us to keep our neighborhoods safe. As you see our Officers please take a moment and thank them for their service to the city. The Council of Neighborhoods will be setting up a breakfast and supper for the Officers to enjoy on Friday Jan 9th.

Three Kings Day Celebration: Sun Jan 4th 1pm-3pm Meriden Public Library

Join in on the celebration of Three Kings Day on Jan 4th which includes music, refreshments, and gifts for children ages 8 and younger. The event is sponsored by the Carrero Family. Music is provided by LT Cardona and the Cardona Family! For information about the event please call the Meriden Library (203) 630-4621

Curbside Christmas Tree Pick Up

City of Meriden Highway Dept will start curbside collection of Christmas trees on Monday Jan 5th and continue through Fri Jan 30th. Please place your trees curbside. All decorations and plastic covers must be removed. Trees in plastic bags will not be collected. Questions call the Public Works Dept at (203) 630-4018.

City of Meriden Warming Centers

The following places are available for people to find relief from the cold weather:

Meriden Public Library: Open Tues 9:30am-8:30pm. Wed 9:30am-4pm. Fri and Sat 9:30am-5pm.

Meriden Senior Ctr (Hanover St entrance) Open Tues 8am-4pm. Wed 8am-3:30pm. Fri 8am-4pm

Meriden Warming Ctr 169 Colony St is available to individuals 18 and older. Open daily 7pm-7am.

Families seeking shelter are encouraged to all 2-1-1.

Meriden City Code: Snow Removal from Sidewalks

As a reminder, as winter weather and storms are approaching per City Code the owner of any premises abutting a sidewalk needs to remove snow from the sidewalk within 12 hours after the storm. Ice needs to be removed within the space of 6hrs thereafter and during the daytime to make the sidewalk safe by removing the ice and covering the sidewalk with sand or a similar product and renew the application as often as may be needed to keep the sidewalk safe. Your cooperation with clearing the sidewalks is greatly appreciated!

Meriden City Parking Lots for snow parking bans:

When a parking ban has been declared the city provides off street parking at:

Columbus Park (Lewis Ave)

Washington Park (Liberty St)

Ceppa Field (Gale Ave)

North End Field (Britannia St)

City Park (Park Ave/Bunker Ave)

Municipal Lot (Catlin St)

Municipal Lot (St Casmir Dr)

79 Miller St (across from the library next to Mr Taco)

Orange/Cook Ave lot

Adopt a Fire Hydrant

If there is a fire hydrant near your property, please take the time to clear the hydrant and area around it of snow. By doing so can save the fire department valuable time when responding to a fire and ultimately save a life and limit/prevent damage to a home.

Meriden Food Banks

If you or someone you know is struggling with food insecurity, there are resources available here in Meriden that can provide assistance:

1. CT Foodshare Mobile Pantry: Parking lot next to the Health Dept
Every other Thurs. Next one Nov 6th. 1pm-2pm
2. Meriden Soup Kitchen: First Baptist Church 460 Broad St
Mon-Fri 11am-12:30pm
3. New Opportunities: 22 Church St
Mon-Fri 10am-3pm
4. Our Ladies Queen of Angels Church: 109 Goodwill Ave
Mon-Thurs 8am-1pm. Meriden residents only
5. Meriden Pride Center: 328 Paddock Ave. Saturdays 12pm-3pm. Sundays 1pm-4pm

Paws Animal Rescue Fundraiser

Meriden Animal Control has an animal rescue Saving Paws that takes in cats and dogs and sometimes other domesticated animals. They care for them and get them ready to be adopted to their forever homes. They are a non-profit organization and are have some upcoming fundraisers to support the rescue. They are accepting returnable cans and bottles. If you have any returnable cans and bottles please consider to donate them to Saving Paws. You can drop them off at the animal control office at 311 Murdock Ave or the group will pick up donations at Meriden residences.

Meriden Free Little Libraries

As we come upon the close of 2025, Meriden Little Free Libraries would like to take this opportunity to thank all those who have supported us throughout the year. Thank you to Read To Grow for your generous and continuous donations of children's books. Thank you to Meriden Rotary Foundation for your financial support that helps makes Little Free Libraries a wonderful community endeavor. Thank you to Meriden Food & Nutrition Services for your contribution of inspirational pencils. Thank you to Thompson Chocolate for our annual national chocolate day promotion. Thank you to Les' Dairy Bar for donations of gift cards. Thank you to Sperry Property Management for your repairs to our libraries, your efforts are greatly appreciated. Thank you to our Stewards, who look after, care for, and keep our Libraries clean and organized throughout the year. And finally, thank you to the greater Meriden community for your donations of books and puzzles to our Thirty Little Free Libraries over the years. Every single book is appreciated beyond measure and we are blessed to have a strong support system that values literacy the greater Meriden community. Please follow our Facebook page, Meriden Little Free Libraries for updated information regarding literacy, our libraries and promotions.



News from the Meriden Department of

Health and Human Services – January 2026 165 Miller Street * 203-630-4226 *

www.meridenhealth.com

“Like” us on Facebook for the latest updates!

Happy New Year!

Happy New Year from all of us at the Meriden Department of Health and Human Services! We wish everyone a happy and healthy 2026!



Community Assistance Resources

We continue to update our community assistance webpage as more resources become available or change. Information includes resources for food assistance, healthcare, transportation, and more in English and Spanish.

Please visit: www.meridenhealth.com.

CT Foodshare Mobile Pantry

NEXT DATES:

Corner of Miller and Center Streets: January 15 & 29 from 1:00 - 2:00pm.

Mt. Hebron Baptist Church, 84 Franklin Street: January 9 & 23 from 1:15 - 2:15pm.

Bring your reusable grocery bags!



A full schedule can be found at: ctfoodshare.org/findhelp. To sign up for text alerts for schedule changes, text the word FOODSHARE to 85511.

Meriden Warming Center

The warming center in Meriden, operated by the Middlesex Meriden Wallingford Coordinated Access Network, is now open through April 20, 2026. It is open 7:00pm – 7:00am and serves individual adults 18 and older.

MMW CAN HUB Services

If you are in need of housing or other basic needs, Meriden has 2 locations that provide walk-in assessments.

New Beginnings Shelter

43 St. Casimir Drive Meriden, CT

Monday – Friday 8:00am – 12:00pm

Services: showers, laundry, basic needs, light meal, walk-in CAN assessment

Meriden CAN Office

546 South Broad Street Suite 1C Meriden, CT

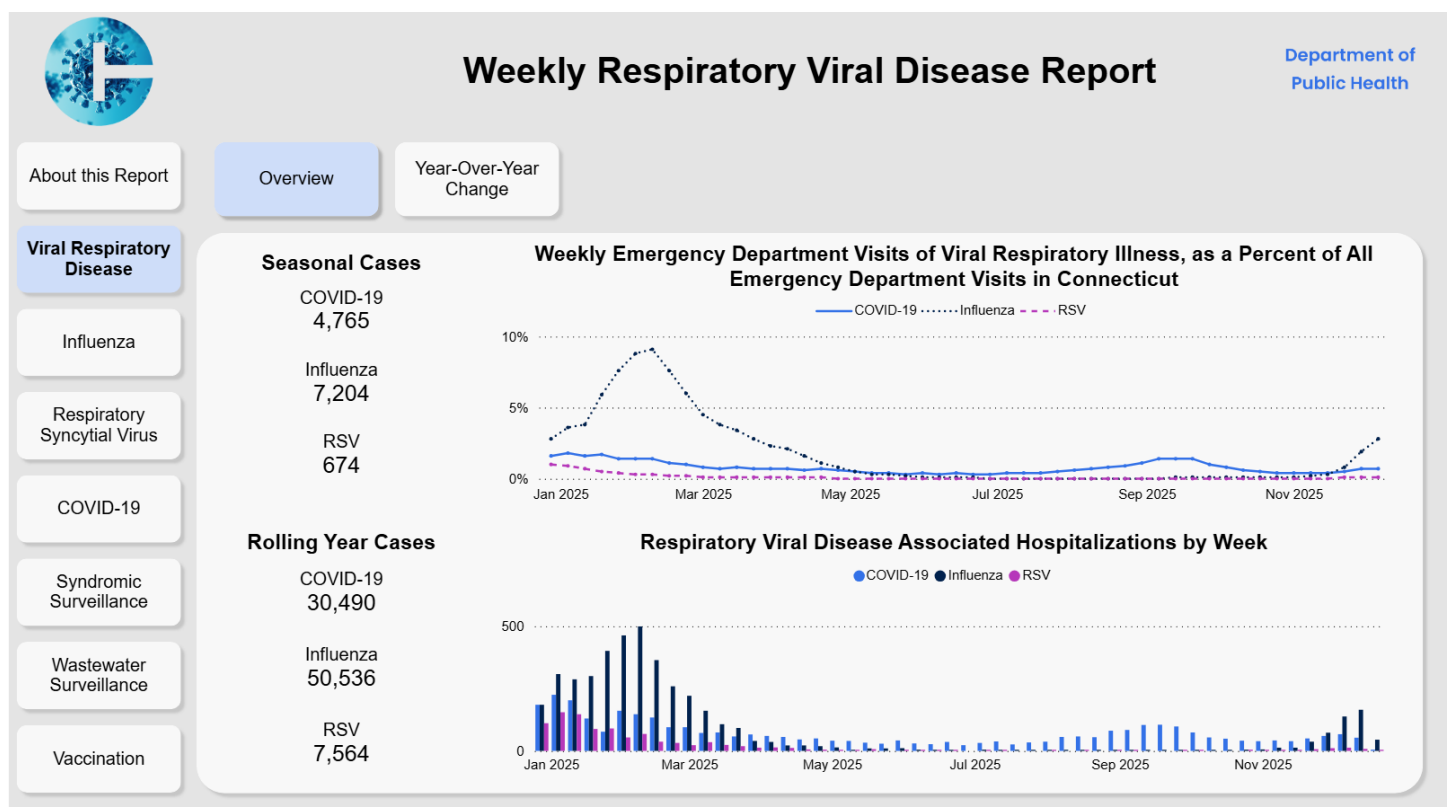
Monday – Friday 8:30am – 2:00pm

Services: basic needs, walk-in CAN assessment



Respiratory Virus Season

The Connecticut Department of Public Health (DPH) conducts surveillance for COVID-19, influenza, and respiratory syncytial virus (RSV). We also monitor lab-confirmed COVID-19 and influenza cases through a



disease surveillance system. This data help us to understand the trends associated with each disease as well as the combined impact of these respiratory illnesses, particularly during the fall and winter months. Information on Respiratory Viral Disease Surveillance can be accessed [here](#).

For the most recent data on lab-confirmed COVID-19, Influenza, and RSV cases in Meriden please see our Seasonal Health and Respiratory Virus Newsletter that is available on our website: www.meridenhealth.com.

Public Health Education

Save a Life: Overdose Education & Naloxone Training

Join us at one of our trainings in 2026! This training is an essential part of overdose prevention education where participants learn what an overdose looks like and how to reverse one.

- January 9, 2026 9:00 – 10:00am
- February 4, 2026 5:00 – 6:00pm
- March 6, 2026 9:00 – 10:00am
- April 1, 2026 5:00 – 6:00pm
- May 6, 2026 9:00 – 10:00am
- June 3, 2026 5:00 – 6:00pm
- July 10, 2026 9:00 – 10:00am
- August 5, 2026 5:00 – 6:00pm
- September 4, 2026 9:00 – 10:00am
- October 7, 2026 5:00 – 6:00pm
- November 6, 2026 9:00 – 10:00am
- December 2, 2026 5:00 – 6:00pm

All attendees will receive a naloxone kit, certificate of completion, and other prevention resources. Training are FREE and open to Meriden residents and organizations.

To register, call our Public Health Educator at (203) 630-4288 or email edemerchant@meridenct.gov.

Meriden Senior Center

Membership to the Senior Center is FREE for Meriden residents age 55 and over! The January issue of the Meriden Senior Center newsletters is [now available on our website](#).

Transportation Services

The Meriden Senior Center provides free rides to and from the Center, to in-town medical appointments, and scheduled shopping trips. Rides are available for residents age 55 and over and persons with disabilities under age 55. Please call the Mini-Bus Transportation Office at (203) 237-3338 to learn more.

Nutrition Program

A healthy, nutritious lunch is served daily for Senior Center members age 60 and over. There is a nominal fee for members age 55 to 60. Call (203) 630-4704 to learn more. The lunch menu is available in the newsletter.

Meriden Early Start

Meriden Early Learning Connection (MELC) provides affordable, high-quality early education and care for children from infancy through age five who are not yet eligible for kindergarten. Our CT Early Start programs support children's growth and development, ensuring they are ready to enter kindergarten and become life-long learners.

Have questions? Call Rhonda Knight, Early Childhood Coordinator at (203) 630-4222.

Podcasts

Check out our two podcast channels through Podbean!

1. A Moment with Marley - provides expert insights on disease prevention, family wellness, and updates from our Public Health Clinic.
2. Meriden Health Talk - provides expert insights on a range of topics, including seasonal health, local updates, and alerts.

You can listen to either channel on all major podcast platforms including Apple Podcasts, Spotify, Amazon Music, iHeartRadio, and the Podbean app.

New episodes will also be posted on our website and social media.



Newsletters

Our office publishes 3 newsletters:

1. [Senior Center – Connections \(monthly\)](#)
2. [Seasonal Health and Respiratory Virus Updates \(monthly\)](#)
3. [Life-Saving Overdose Prevention and Response \(quarterly\)](#)

