



# Hands-Only CPR & AED Training

**This free training opportunity will teach you how to recognize the signs of cardiac arrest, perform CPR, and utilize an AED.**

**Learn Life-Saving Skills From The Experts**

**September 14, 2023  
9:00 - 11:00 AM**

**September 28, 2023  
9:00 - 11:00 AM**

**Meriden Department of Health and Human Services  
165 Miller Street, 2nd Floor, Meriden, CT  
Teen Conference Room**

***Class size is limited - minimum age to participate is 13***

**Please call Elizabeth at  
(203) 630-4288 to register**



**Yale  
NewHaven  
Health**  
Yale New Haven  
Hospital