



***Meriden Department of Health and
Human Services in partnership with Rushford***

**Hartford
HealthCare**
Rushford

QPR
INSTITUTE

FREE Virtual QPR Suicide Prevention Training

A suicide prevention program designed to teach individuals how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.



Friday, November 20, 2026



12:00 - 1:00 PM



Virtual via Microsoft Teams

**Participants will
receive a
certification as a
QPR Gatekeeper
upon completing
the training.**

**To register contact: Elizabeth DeMerchant,
Public Health Educator at edemerchant@meridenct.gov
or (203) 630-4288**