

# CONNECTIONS

Max E. Muravnick  
Meriden Senior Center Newsletter  
June 2020

Dear Members,

The Meriden Senior Center is closed until further notice. Please call us with questions and check our Facebook Page for updates. (City of Meriden Health & Human Services Department). We have adjusted our schedules and we continue to provide assistance and modified programs to the seniors of our community. We provide senior transportation to medical appointments. We deliver meals to seniors who were participants of our elderly nutrition program. We also make well-calls to check in on many of the senior center members. The Senior Center is not the same with out all of you! It is very quiet here and we look forward to the day when we can return to our busy, thriving Senior Center.

Sincerely,

Rick Liegl  
Senior Affairs Administrator

## **2020 Census ONLINE!**

Please complete the online version of the 2020 Census by visiting the website below: <https://2020census.gov/>

The results are critically important because this once-a-decade census data helps businesses, researchers, and communities make decisions. The data can help inform where our community needs a new fire department, more funding for senior programming, or new roads.

22 West Main Street, Meriden, CT 06451 [www.meridenct.gov](http://www.meridenct.gov)

**Activities Update:**

Please note that activities for the month of June have been modified due to the COVID-19 Coronavirus precautions we are taking. All of the activities listed are subject to change. Please refer to our Facebook page for videos, links and updates on activities or call our main number and ask for the Recreation Coordinator, Liz Parra. Please follow us on Facebook by adding the page: City of Meriden Health & Human Services Department.

**Pina Colada Video Tutorial**

**Wednesday, June 10 at 1:00pm on Facebook**

Learn how to make a non-alcoholic version of a Pina Colada on National Pina Colada Day!

For this recipe you will need in your blender:

- 1 1/2 cups of frozen pineapple, ice
- 1 cup of unsweetened coconut milk
- 1 cup of unsweetened pineapple juice
- 1 tbs. brown sugar and fresh pineapple slices for garnish (optional)



**Father's Day Craft Video Tutorial**

**Monday, June 15 at 1:00pm on Facebook**

Learn how to make a Superhero Candy Bar for a special dad you know or love. Check out our Facebook page for video and written instructions for this craft. If you are interested in receiving a template for the face, cape and special note section of this craft, please call Recreation Coordinator, Liz Parra at 203-237-0066 by June 5.

Items you will need:

- His favorite chocolate bar
- Colored stock paper
- Yarn for hair (optional)
- Markers or crayons, scissors
- Tape and a glue stick



**Thank You Tom O'Malley**



Tom O'Malley has been a part time Bus driver for our senior center since 2011. After many years of excellent service, Tom has decided to retire. Tom greeted all riders with his smile and he was happy to help out anyone in need. Tom will be missed by the staff of the senior center and also by the many seniors who were on his weekly routes. Tom, we all wish you the best in your retirement and we are sure you will enjoy your time spent with your family. Thank you for your years of services to the seniors of Meriden.



Rick Liegl

**Lunch Deliveries-Donations**

Thank you Caitlyn Mayhew from St. Joseph's College for your generous donations of gift bags with snacks for our members who are currently enrolled to receive lunch deliveries during the COVID-19 outbreak through our mini-bus system.



**Face Mask-Donations**

Provided by Jeanne Fitzgerald for senior members who are in need of them and for their medical visits. Thank you for your donations of beautiful cloth face masks! We appreciate your support during these uncertain times.



**JUNE BIRTHDAYS!**

**Thursday, June 18**

This month's birthday gifts will be sponsored by: The Village at Kensington Place. Your birthday must be in June. Please sign up by Thursday, June 11 to be guaranteed a gift and call. **You must call to sign up.** Gifts will be held at our center until further notice. Happy Birthday to all members who were born in June!



**AARP Driver Safety Course**

**ONLINE COURSE**

As a precaution against COVID-19, AARP has extended the cancellation of all In-person AARP Driver Safety events through May 2020. Driver course participants who may not be able to renew their car insurance due to course cancellations can complete the AARP Smart Driver online course. They are offering a special 25% off discount.

Website: [www.aarpdriversafety.org](http://www.aarpdriversafety.org)

Promo code for 25% discount: DRIVINGSKILLS

Good through: July 31, 2020



**Wellness Calls**

Senior Center Staff continue to make calls to senior center members to check in on them. If you are interested in being added to the well-call list, please call the Senior Center at 203-237-0066.



**Movies on Hoopla Digital**

**Meriden Public Library**

Film Friday Movie idea! Have a Meriden Public Library card and looking for movies to watch? Please visit the website: Hoopla Digital. Additional resources can be found on the Meriden Public Library website under the "Information" drop down tab and by clicking on "Digital Branch". Don't have a Meriden Library Card? Don't worry! If you are a Meriden resident you can email their Head of Circulation, Terri, at [tmorrissey@meridenct.gov](mailto:tmorrissey@meridenct.gov) to get you set up with a temporary card!

**Upcoming Trips for 2020**

**The Edward Twins — Aqua Turf  
Plantsville, CT**

August 13, 2020 — \$98pp

**Foxwoods Casino  
Mashantucket, CT**

September 10, 2020 — \$28pp

**Commodores Inn  
Stowe, VT**

September 23-25, 2020

\$499pp double/triple or \$599pp single

**Covered Bridges of New Hampshire**

**Oktoberfest Luncheon**

**Troy, New Hampshire**

October 15, 2020 — \$94pp



**City of Meriden**

**Health and Human Services Department**

**Meriden Senior Center**

**22 West Main Street, Meriden, CT 06451**

**Open Monday-Friday, 8:30am—4:00pm**

**Staff**

Rick Liegl, Senior Affairs Administrator	203-630-4701
Keira Merrill, Front Office	203-237-0066
Liz Parra, Recreation Coordinator	203-630-4703
Melba Leary, Program Assistant	203-630-4707
Kitchen/Dining Room	203-630-4704
Ruth Kusek, Mini-Bus Transportation	203-237-3338
Natalie Gill, Social Services	203-630-4273
Allan Church, Meriden Transit	203-630-4706
Kathryn Longley, Community Services	203-630-4708
Conference Room	860-223-8412
Senior Center Fax	203-235-7149

Mini Bus: Noel Aube, Lisa Mesite  
Kitchen Staff: Melba Leary, Marisol Pelletier

## COVID 19-Meriden Community Resources

### Information subject to change

**City Updates:** <https://www.meridenct.gov/>  
**State updates:** <https://portal.ct.gov/coronavirus>

### Infoline-2-1-1

2-1-1 is your one-stop connection to the local services you need, from utility assistance, food, housing, child care, after school programs, elder care, crisis intervention and much more. 2-1-1 is always ready to assist you find the help you need. Dial 2-1-1 or search online. If you are outside Connecticut or have a problem using the 2-1-1 number, dial 1-800-203-1234.  
 Text CTCOVID to 898211 for updates

### Food Assistance

New Opportunities-55 West Main St. (Food pantry Mon-Fri 10am-3pm)

St. Andrews Episcopal Church-20 Catlin St (Food pantry-3<sup>rd</sup> Saturday of the month 9:30-11:30am)

Salvation Army-23 St. Casimir Dr. (Food pantry open Mon, Wed, Fri 9am-12pm)

Soup Kitchen-Saturday and Sunday 12pm-1pm (To go meal containers)

Delivery for high health risk individuals (Fridays 9-12pm) call Kathryn at 203-630-4708

The Grace Place (New Life Church) 149 West Main St. (Food pantry Tues & Thurs. 11-4pm, Sat 10-2pm)

Joy Unlimited Ministries-305 Center St. Meals can be picked up or delivered on Saturday or Sunday but need to be confirmed by the Friday before - please call or text 734-578-6956 to confirm

Master's Manna-46 North Plains Rd. Wallingford (Mon-3-6pm, Tues & Thurs 9am-1pm, Wed 3-7pm)

Must call for an appointment and documentation required

End Hunger CT-EHC! SNAP Call Center Hours (English & Spanish -1-866-974-7627)

### Groceries (Delivered)

Amazon prime-online only <https://primenow.amazon.com/>

Instacart-Groceries delivered from local stores <https://www.instacart.com/>

Stop & Shop – Peapod (Fee's Vary)

Online Order Only – <https://www.peapod.com/>

NO Pick-up available (Temporarily Paused)

In-Store open ONLY to age 60 and over as well as customers who may have weakened immune systems from 6:00 A.M. – 7:30 A.M. Daily. Open to Public for remaining hours.

Walmart – (Fee's Vary)

Aldi's – (Fee's Vary) Delivery and In-Store Only

Online Order Only -<https://shop.aldi.us/>

CTown Supermarket-203-235-7000 ask for Jessica or Jackie

Will deliver groceries and will take orders via phone for Senior Citizens only (cash only)

Aresco's Superette-203-235-5112 or 860-995-5695

Will take orders via phone and delivery groceries (credit card or cash)

### **Assistance with rent, security deposits, utilities**

New Opportunities-55 West Main St.-203-235-0278-applications via phone for energy assistance  
Salvation Army-23 St Casimir Dr.-203-235-6532-Monday-Friday 9am-3pm

### **Domestic Violence**

Chrysalis-24 hour hotline-203-238-1501, 1-888-774-2900 English or 1-844-831-9200 Spanish

### **Homeless Shelter**

Shelter NOW-43 St. Casimir Dr.-203-237-4020  
Call 2-1-1 in you are in need of homeless and in need of shelter

### **Medical Insurance**

#### **Access Health CT**

New Special Enrollment Period For Uninsured Connecticut Residents  
New Special Enrollment Period starts Thursday, March 19 and ends Friday, April 17<sup>th</sup>, 2020

- Uninsured individuals can sign up for health insurance coverage through Access Health CT during the **NEW Special Enrollment Period** from Thursday, March 19 – Friday, April 17<sup>th</sup>, 2020.
  - The effective date of coverage for all enrollments during the **NEW Special Enrollment Period** will be May 1, 2020.
  - The only way to sign up for this **NEW Special Enrollment Period** is by calling 1-855-365-2428. Individuals, who experience a Qualifying Life Event (e.g. loss of coverage due to job change or unemployment) or qualify for Medicaid/Children's Health Program (CHIP), can **ALWAYS** enroll online, in-person or over the phone and all help is free.

**Medicare**-1800-Medicare

**CHOICES**-Connecticut's program for Health Insurance assistance, Outreach, Information and referral, Counseling, Eligibility Screen 1-800-994-9422

### **Medical Transportation**

Meriden Senior Center -203-237-3338-Rides are available for Meriden residents age 55 and over and for disabled individuals under the age of 55

Veyo for Husky Clients-1-855-478-7350

Northeast Transportation Company ADA Paratransit Program

Free during the pandemic outbreak 1-800-441-8901

### **Other Agencies**

DSS-Department of Social Services-1-855-626-6632 Assistance with SNAP (Supplemental Nutrition Assistance Program), Medical Assistance and SAGA (Cash assistance for single disabled adults with no children), TFA (Temporary Family Assistance for families with children under 18 years)

<https://connect.ct.gov/>

Social Security Administration-1877-409-8429

<https://www.ssa.gov/>

Department of Labor-Filing for Unemployment (860) 263-6000

<http://www.ctdol.state.ct.us/>

### **Meriden Senior Center Social Services**

Natalie Gill, Social Services Worker-203-630-4273

Kathryn Longley, Community Services Worker-203-630-4708

# FATHER'S DAY WORD SEARCH

Happy Father's Day!



Celebrate  
Relaxation  
Inspiration  
Appreciate  
Grandfather  
Devoted

Gift  
Son  
Wise  
Laugh  
Kiss  
Card

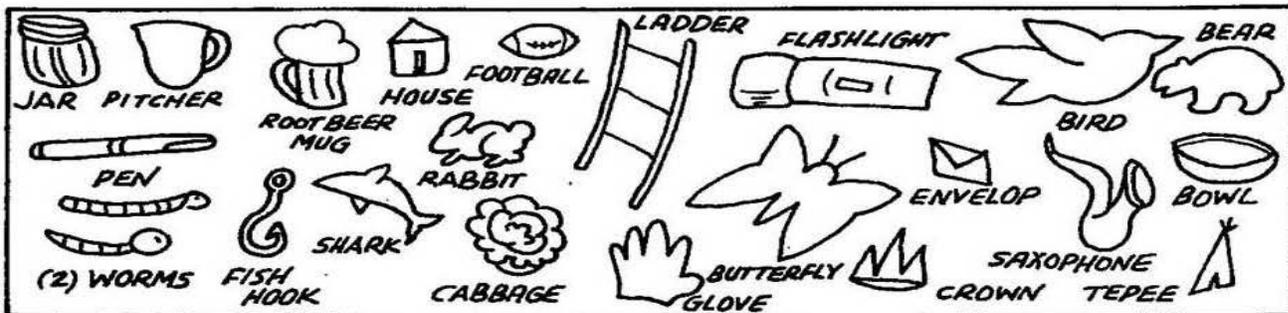
Home  
Hugs  
Sunday  
Happy  
Fun  
Cake

Caring  
Holiday  
Giving  
Love  
Family  
Strong

Honor  
Hero  
Daddy  
Loyal  
Friend  
Father

Daughter  
Gentleman  
Children  
Encourager  
Provider  
Greatest

# Hidden Picture Puzzle: Father's Day



# June 2020 Social Services

## Renters' Rebate Changes

We are currently closed to the public but are still processing Renters' Rebate applications via phone.

We still need the following documentation to process your application; you can get those documents by:

-Emailing it to  
[rentersrebate@meridenc.gov](mailto:rentersrebate@meridenc.gov)

-Faxing it to 203-235-7149

-Mailing it to Meriden Senior Center,  
22 West Main St. Meriden, CT 06451  
Attn: Social Services

-Dropping off your documentation in our drop box that, located at the front of the Meriden Senior Center

**Please include your phone number on your documents so we can contact you and do your application via phone**

**All documents sent must have your signature and date on all pages**

If you have any questions please call  
203-237-0066, 203-630-4708 or  
203-630-4273

## Free Online Tax Preparation

Through the fast and hard work of the CAHS teams and its volunteers, a new online tax preparation team has been assembled. They are working with people across Connecticut. The service, known as the Virtual Volunteer Income Tax Assistance (Virtual VITA) program is FREE and approved by the U.S. Internal Revenue Service (IRS). Gaining access to this program is simple. Just provide them with your name and email. Then they will email you the information you need to get started. Often, the process can be completed in just a few hours.

Here is the link:

[http://www.cahs.org/2020\\_covid19\\_relief](http://www.cahs.org/2020_covid19_relief)

Click on Get Started Now

## Documentation needed for Renters' Rebate

Applications for the Renter's Rebate program require the following **written** documents for \*yourself and spouse:

- If you receive regular Social Security income - bring your **1099 form** from **2019**
- If you receive SSI - bring a **letter from Social Security**, which clearly states your **total 2019 income**.  
To request this document - Call 1-800-772-1213
- If you are younger than 65 and you have a disability- you **MUST bring proof of disability** from the Social Security Administration.
- Proof of any other of **2019** income (pension, employment, interest, dividends, etc.)
- A copy of the **2019 Income Tax Return** signed and submitted to the IRS (if you filed one with the IRS).
- Proof of **all 2019 rent payments** (rent receipts for each month in 2019 signed by landlord or rent ledgers from housing complex)
- Proof of **all 2019** utility payments; i.e. electric, gas, oil, and water \*full-year printout for **2019** of what was paid. (example-Eversource 2019 full year print out of payments paid)

## Salvation Army food pantry

The Salvation Army in Meriden is doing everything possible to serve the community, especially in the light of COVID-19. The food pantry is open

Mondays, Wednesdays and Fridays, taking every safe precaution necessary. They will continue there soup kitchen on Saturdays and Sundays, serving all meals "to-go." For individuals with high health-risks, they are temporarily offering food pantry delivery. Please contact Kathryn Longley, Community Services Worker to schedule a delivery at 203-630-4708 or [klongley@meridenc.gov](mailto:klongley@meridenc.gov)

**Natalie Gill -Social Services Worker- 203-630-4273**

**Monday-Friday 8:00 am-4:30pm**

**Kathryn Longley Community Services Worker-203-630-4708**

**Mon-Thurs-9:00 am-1:00 pm Friday-9:00 am-12:45 pm**

# Happy Birthday!



*May birthday deliveries with our Recreation Coordinator Liz Parra from Meriden Senior Center and Kathy Matula from Meriden Parks & Recreation*



**Elderly Nutrition Program  
(203) 237-0066**

**The Meriden Senior Center is delivering meals during this Covid 19 Outbreak. A "Form 5" must be filled out to receive the meals. Deliveries are on Mondays and Thursdays**

**Senior Center members as well as non-members who are interested in having meal deliveries please call the Meriden Senior Center. You must be home at time of delivery, there is no contact as we practice social distancing and a designated area is needed for drop off of meals.**

**THANK YOU**

**Meriden Advisory Board on Aging**

**Friday, June 5, 2020 at 9:00am— CANCELLED** The Advisory Board on Aging was created by the Meriden City Council to advise and assist the Mayor and the City Council in identifying issues that affect Meriden's aging population. Monthly meetings are open to members of the Senior Center and the general public, and are held at the Senior Center, usually on the first Friday of each month at 9:00 am (summer months excluded). Your input on senior issues will be welcomed. Call (203) 237-0066 for additional information or to confirm the next meeting date.

**Important Announcement**

Please call us at 203-237-0066 with your email address, this is our best point of communication.

**Meals on Wheels**

**LifeBridge Community Services  
203-752-9919**



Meals on Wheels delivers well-balanced, nutritious meals to those living in Meriden who are unable to prepare meals for themselves.





# *In Loving Memory of Mike Connolly*



# *In Loving Memory of the Meriden Antique Veteran, Joseph L. Legere*



# *In Loving Memory of Meredith Hazlett*

