

*In Honor of National Mental Health Awareness Month*

# **FREE In-Person QPR Suicide Prevention Training**



**Tuesday, May 20, 2025  
11:00 AM - 12:00 PM**

**Meriden Health Department  
165 Miller Street  
2nd Floor - Teen Conference Room**

## **What You'll Learn:**

- How to recognize the warning signs of a suicide crisis.
- How to question, persuade, and refer someone to help.

**Participants will receive a certification as a QPR Gatekeeper upon completing the training.**

**Space is limited, so registration is REQUIRED.  
For more information and to register please contact:**

Elizabeth DeMerchant, Public Health Educator  
edemerchant@meridenct.gov or (203) 630-4288

