

# SAVE A LIFE

## With One Spray



### FREE Community Narcan Training

**LEARN WHAT AN OVERDOSE LOOKS LIKE AND HOW TO REVERSE THEM**

You will learn:

- Signs & symptoms of an overdose
- What Narcan is and how to administer it
- Local resources and support

**All attendees get a Narcan kit, certificate of completion, and other prevention resources.**

Trainings are **FREE** and open to Meriden residents and organizations.

**To register please contact:**

Elizabeth DeMerchant  
Public Health Educator  
edemerchant@meridenct.gov  
(203) 630-4288

**Trainings will be held at:**  
165 Miller Street  
Meriden, CT 06450



**Scan the QR code to visit our Harm Reduction and Overdose Prevention and Response webpage.**

**We can also provide the training at your organization or business!**



**Hartford  
HealthCare**  
Rushford

**October 1, 2024  
5:00 - 6:00 PM**

**November 12, 2024  
9:00 - 10:00 AM**

**December 3, 2024  
5:00 - 6:00 PM**

**Stay tuned for  
2025 dates!**

**Walk-ins  
are  
welcome!**