

Putting on AIRS Asthma Education Program

What is it?

Putting on AIRS (Asthma Indoor Risk Strategies) is a program designed to target the reduction of environmental asthma triggers in your home.

This program is provided at **no cost** to families and has been funded by the CT Department of Public Health.



Who can participate?

This program is available to Meriden residents who suffer from asthma and/or have a child who suffers from asthma. In addition to Meriden, residents of the following Asthma Region 6 towns or cities may also participate.

Milford, Branford, North Branford, East Haven, Bethany, Hamden, North Haven, Woodbridge, Orange, New Haven, West Haven, and Wallingford.

Services provided:

With your permission, an Asthma Educator and an Environmental Specialist will visit your home to assess the home for environmental triggers of asthma. During the home visit:

- The Asthma Educator will review your physician's asthma plan and medications with you. They will also provide additional education to help you understand how to better manage your asthma.
- The Environmental Specialist will walk through your home with you to help identify causes of asthma. They will then show you how to minimize the asthma triggers identified in your home.
- A confidential report will be developed as part of your child's medical record to help control asthma. This information may be shared with your health care provider, with your permission.

How do I schedule a visit?

To schedule a visit, please contact the Putting on AIRS Program Coordinator, Betty Murphy, at (203) 701-4522. If you are a community member and/or service provider and would like to make a referral, [click here](#) to access the appropriate referral form.

FOR PHYSICIANS: If you would like to make a patient referral, [click here](#) to access the referral form.

Resources

For more information regarding Asthma, please visit the following websites and/or contact our public health nurses at (203) 630-4234.

[Centers for Disease Control and Prevention \(CDC\) Asthma Information](#)

[CT Department of Public Health Asthma Program](#)

